

# FARE, ACEP develop new anaphylaxis toolkit

8 October 2014



essential information for those who have experienced an anaphylactic reaction and are in need of answers."

**More information:** [More Information Toolkit](#)

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(HealthDay)—A new anaphylaxis toolkit has been developed to help answer questions about managing life-threatening allergies after patients are discharged from the emergency department, according to a report from Food Allergy Research & Education (FARE) and the American College of Emergency Physicians.

Each year there are more than 200,000 emergency department visits for [food allergy](#), and the resource, which is available online and in print, is part of an educational initiative to help improve [emergency department](#) discharge procedures. The toolkit is a resource to help [patients](#) know what steps to take after discharge.

The toolkit can be downloaded for free or ordered online and includes an emergency care plan; an epinephrine auto-injector prescription reminder; a reminder to follow up with an allergist; and tools for parents, teens, and [adult patients](#). In addition, it includes a list of useful resources.

"Food allergy reactions are unpredictable and can become severe without warning; therefore, it is important to prepare both patients and physicians to treat these reactions promptly," James R. Baker Jr., M.D., interim chief executive officer of FARE, said in a statement. "We are pleased to join with American College of Emergency Physicians to share this important resource, which includes

APA citation: FARE, ACEP develop new anaphylaxis toolkit (2014, October 8) retrieved 3 May 2021 from <https://medicalxpress.com/news/2014-10-fare-acep-anaphylaxis-toolkit.html>

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