

Oncology fellows, clinicians report similar burnout

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Several authors disclosed financial ties to the pharmaceutical industry.

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U.S. oncology fellows may underestimate the workload they will experience once they enter practice, according to research published online July 21 in the *Journal of Clinical Oncology*.

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Tait D. Shanafelt, M.D., from the Mayo Clinic in Rochester, Minn., and colleagues conducted a postexamination survey among U.S. [oncology](#) fellows taking the 2013 Medical Oncology In-Training Examination (MedOnc ITE). The authors sought to assess fellows' career plans, professional expectations, [burnout](#), quality of life (QOL), fatigue, and satisfaction with work-life balance (WLB).

The researchers found that, of the 1,345 respondents, frequency of burnout among fellows overall was similar to that of practicing oncologists. Practicing oncologists reported lower fatigue (P

"Unrealized expectations regarding work hours may contribute to future professional dissatisfaction, burnout, and challenges with WLB," the authors write.

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