

FDA: Honey with any added sweeteners isn't honey

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The Food and Drug Administration is taking steps to ensure that shoppers who buy honey are getting the real deal.

New guidance issued Tuesday would prevent food companies from adding sugar or other sweeteners to pure [honey](#) and still calling it "honey."

The agency said enforcement action is possible against U.S. food businesses or importers if companies try to cut those sweeteners into real honey and do not label the product correctly. If those sweeteners are added, the label should read "blend of sugar and honey" or "blend of honey and [corn syrup](#)."

The FDA regularly detains honey imports and tests them after finding [drug residues](#) and unlabeled added sweeteners.

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