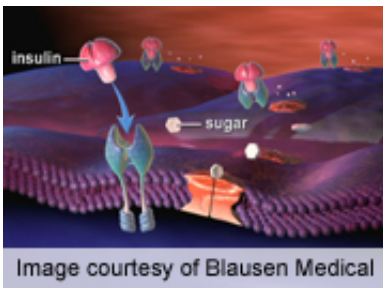


# U-shaped link for BMI at diagnosis with mortality in T2DM

November 16 2012

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For patients with type 2 diabetes mellitus, classification as normal weight or obese within a year of initial diabetes diagnosis correlates with significantly higher mortality, forming a U-shaped association between body mass index and mortality, according to a study published online Nov. 8 in *Diabetes Care*.

(HealthDay)—For patients with type 2 diabetes mellitus (T2DM), classification as normal weight or obese within a year of initial diabetes diagnosis correlates with significantly higher mortality, forming a U-shaped association between body mass index (BMI) and mortality, according to a study published online Nov. 8 in *Diabetes Care*.

Jennifer Logue, M.D., of the University of Glasgow in the United Kingdom, and colleagues used data from 106,640 patient records to describe the association between BMI recorded at the time of T2DM diagnosis and mortality.

During a mean follow-up of 4.7 years, the researchers found that the risk

of death was significantly higher in patients with a BMI of 20 to

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