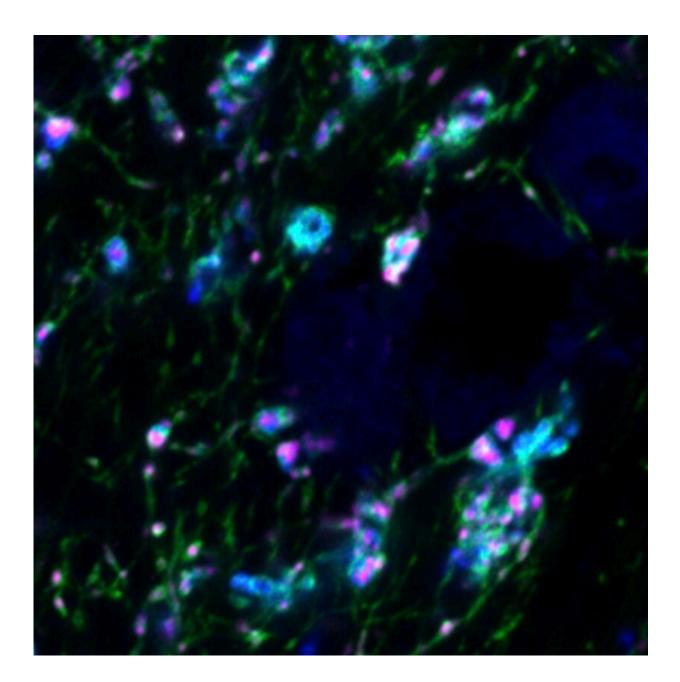


## Serotonin gates the transfer of visual information from the eyes to the thalamus

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The image shows serotonin receptor expression on retinal axon terminals in the thalamus. Retinal axons are shown in green, the presynaptic terminals are shown in blue and the serotonin receptors in magenta. Credit: Reggiani et al

Humans are known to perceive the environment around them differently based on the situation they are in and their own feelings and sensations. Internal states, such as fear, arousal or hunger can thus affect the ways in which sensory information is processed and registered by the brain.

Researchers at Beth Israel Deaconess Medical Center, Boston Children's Hospital, and Peking University have recently carried out a study investigating the possible effects of <u>serotonin</u>, a neurotransmitter known to regulate sleep, mood, <u>sexual desire</u>, and other inner states, in the processing of visual information. Their findings, published in *Neuron*, suggest that serotonergic neurons in the brainstem (i.e., the central trunk of the mammalian brain) gate the transfer of visual information from the eyes to the thalamus, an egg-shaped area of the brain.

"Internal states are known to affect sensory perception and processing, but this was generally thought to occur in the cortex or thalamus," Chinfei Chen, one of the researchers who carried out the study, told Medical Xpress. "<u>One of our previous studies</u> revealed that arousal can suppress certain visual information channels at an earlier stage of the visual pathway—at the connection between the mouse retina and the thalamus, before the information even reaches the brain. This form of 'filtering' of information suggests a very efficient means of processing only relevant information."

Past studies have also found that internal states, including arousal, are mediated by neuromodulatory systems in the brainstem and other areas



below the cortex, including the serotonergic system. This is essentially the system responsible for regulating physiological states through the transmission of serotonin.

Chen, her collaborator Mark Andermann, and their colleagues specifically explored the effects of serotonin on the early processing of visual information and its transfer from the eyes to the thalamus. To do this, they used a technique known as two-photon calcium imaging to track the activity of individual retinal axons in the brains of awake mice as they viewed <u>visual images</u> on a computer monitor.

While examining the mice, the researchers also increased the release of serotonin in the thalamus, by optogenetically stimulating serotonergic neurons as they entered the thalamus. Optogenetic stimulation is a research technique used to intensify the activity of a set of genetically defined neurons using light.

"We chose to specifically focus on serotonin because our previous work on mouse brain slices showed that serotonin can suppress neurotransmitter release from the retinothalamic synapse through a specific serotonin receptor, the 5HT1b receptor," Chen explained.

The experiments carried out by this team of researchers yielded very interesting results. Notably, they showed that serotonin can suppress calcium signals in retinal axons and the release of glutamate in the thalamus. This ultimately reduces the transmission of visual signals from the eye to the thalamus.

When they analyzed their results more in detail, Andermann, Chen, and their colleagues found that some classes of retinal axons tended to be more suppressed by serotonin, with classes that responded to broad changes in light levels being more affected than those responding to fine visual details.



The researchers also compared the selective modulation observed in their experiments to that naturally occurring when animals or humans are highly aroused. They found that periods of high arousals that were not accompanied by an increase in the release of serotonin tended to suppress the retinal axons transmitting information about fine details, rather than changes in light levels.

Overall, the results of this study confirm that different internal states can impact the processing of separate types of visual information. In the future, this insight could inform new studies exploring the impact of neuromodulatory systems on downstream <u>brain</u> areas and on perception in animal models and humans, potentially leading to interesting new discoveries.

"We now plan to continue investigating how serotonin alters thalamic output to the cortex by considering other components of the connections between the cortex and the thalamus that process the incoming retinal information," Chen added. "Additionally, we will explore the effects of other know neuromodulators of the retinothalamic connection, including inhibitory transmission."

**More information:** Jasmine D.S. Reggiani et al, Brainstem serotonin neurons selectively gate retinal information flow to thalamus, *Neuron* (2022). DOI: 10.1016/j.neuron.2022.12.006

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