

Clinical trial: Immunotherapy strongly improves prognosis of babies with leukemia

April 26 2023



Credit: Unsplash/CC0 Public Domain

Immunotherapy with blinatumomab leads to a strongly improved

survival rate—from 66% to 93%—for children with an aggressive form of acute lymphoblastic leukemia (ALL). They also had fewer side effects from the treatment. Based on the results, blinatumomab will now become standard treatment worldwide for babies with this aggressive form of leukemia.

Three quarters of babies with acute lymphoblastic [leukemia](#) (ALL)—three babies a year in the Netherlands—have a particular fault in the DNA of their leukemia cells. This so-called KMT2A rearrangement leads to an aggressive form of ALL with a poor prognosis. Despite intensifying chemotherapy, the prognosis for these babies has not improved in recent decades.

Intensive chemotherapy works very well for half of the babies. But in the other half of the children, the disease returned within two years, or children died from the disease or sometimes from the side effects of the therapy. 90% of recurrences—when the cancer comes back—occur during the two-year course of therapy.

Immunotherapy with the drug blinatumomab is already offered to some adults and older children with ALL. It was still unclear whether this treatment is also well tolerated and effective in babies. Blinatumomab binds to leukemia cells on one side and to immune cells on the other side. This connects the [immune cells](#) to the leukemia cells and clears them up.

Researchers at the Princess Máxima Center for [pediatric oncology](#) in the Netherlands led an international clinical trial looking at the safety and effectiveness of blinatumomab in babies with ALL. Between 2018 and 2021, 30 children in nine countries were treated with blinatumomab. This was added to the existing chemotherapy treatment, the so-called Interfant-06 protocol. The team compared the outcomes with those of 214 children who had been treated in previous years with the

Interfant-06 standard therapy: the same treatment, without blinatumomab.

The survival rate of babies who received one month of [immunotherapy](#) in addition to chemotherapy was significantly higher: 93% of them were still alive two years after diagnosis, compared with 66% of children who had only been treated with chemotherapy in the past. This brings the survival of the babies with a KMT2A rearrangement in their leukemia cells to the level of the average survival of older children with this form of blood cancer.

Two years after diagnosis, 18% of babies treated with blinatumomab saw their cancer come back, or died from their disease. This also indicates a strong improvement compared with babies treated within the Interfant-06 protocol, without immunotherapy. In that group, 51% had a recurrence or death during the two-year treatment with chemotherapy.

The results of the international clinical trial were published today (Wednesday, April 26) in the *New England Journal of Medicine*.

Dr. Inge van der Sluis, pediatric oncologist and clinical pharmacologist at the Princess Máxima Center for pediatric oncology, led the [clinical study](#). She says, "It's fantastic to see that we have made such progress for babies with ALL: the addition of immunotherapy to chemotherapy leads to much better survival and fewer side effects. We were already familiar with this immunotherapy from studies in other patient groups. This is the first time that we tested blinatumomab as a first-line treatment, and for the first time in such young children.

"This was a small study, but with a clear enough result that all babies with this form of leukemia are now receiving immunotherapy as part of [standard treatment](#). We want to confirm the effect of blinatumomab in a larger study with more children. We also want to see whether babies

benefit from two courses of [blinatumomab](#) and a reduction in [chemotherapy](#), in order to improve their quality of life even further."

Prof. Dr. Rob Pieters, medical director and [pediatric oncologist](#) at the Princess Máxima Center for pediatric oncology, leads the research group that carried out the study. He says, "The survival of children with [acute lymphoblastic leukemia](#) has risen to more than 90% in recent decades, but the cure rate for [babies](#) has lagged behind. These young children are much more likely to have an aggressive form of the disease. That's why in 1999 we founded a large international collaboration of more than 25 countries, looking for improvements in treatment.

"Babies with leukemia often have a recurrence early in treatment. That's why it was important to give the immunotherapy right at the start of the treatment. It's wonderful to see that this is yielding such a good result, and that we are implementing the addition of immunotherapy into worldwide standard treatment straight away."

More information: Blinatumomab Added to Chemotherapy in Infant Lymphoblastic Leukemia, *New England Journal of Medicine* (2023).

Provided by Princess Máxima Center for Pediatric Oncology

Citation: Clinical trial: Immunotherapy strongly improves prognosis of babies with leukemia (2023, April 26) retrieved 21 November 2023 from <https://medicalxpress.com/news/2023-04-clinical-trial-immunotherapy-strongly-prognosis.html>

This document is subject to copyright. Apart from any fair dealing for the purpose of private study or research, no part may be reproduced without the written permission. The content is provided for information purposes only.