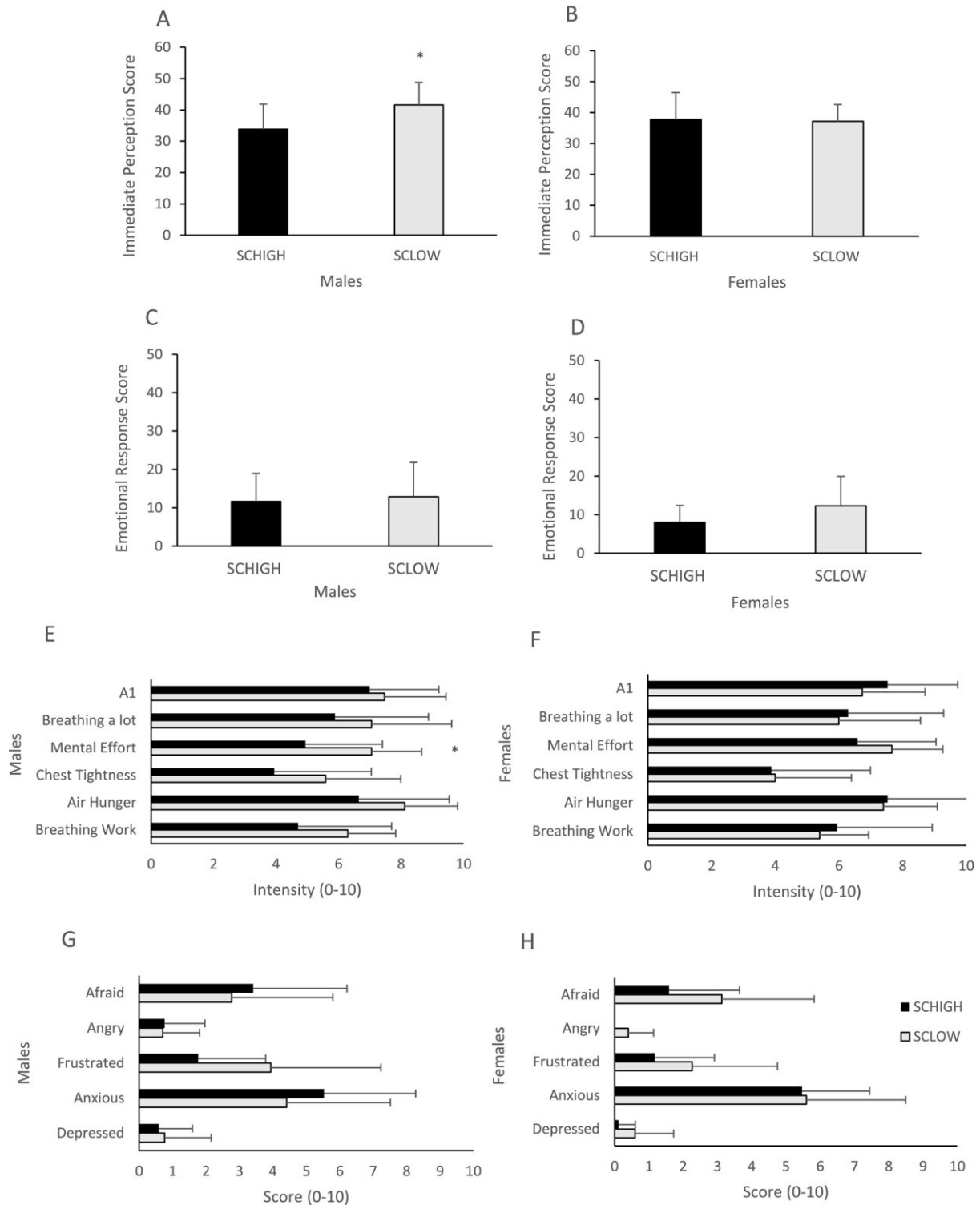


# People with strong self-control can withstand more physical discomfort, research suggests

January 31 2023

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Scores from the Multidimensional dyspnoea profile (MDP) completed at the end of the rebreathing challenge. A) Male Immediate Perception scores, B) Female Immediate Perception scores, C) Male Emotional Response scores, D) Female

Emotional Response scores, E) Male intensity scores for each individual descriptor of the immediate perception domain, F) Female intensity scores for each individual descriptor of the immediate perception domain, G) Male scores for each individual descriptor of the emotional response domain, H) Female scores for each individual descriptor of the emotional response domain.

A1 = Unpleasantness of breathing sensations. \*Different from SCHIGH group (P

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