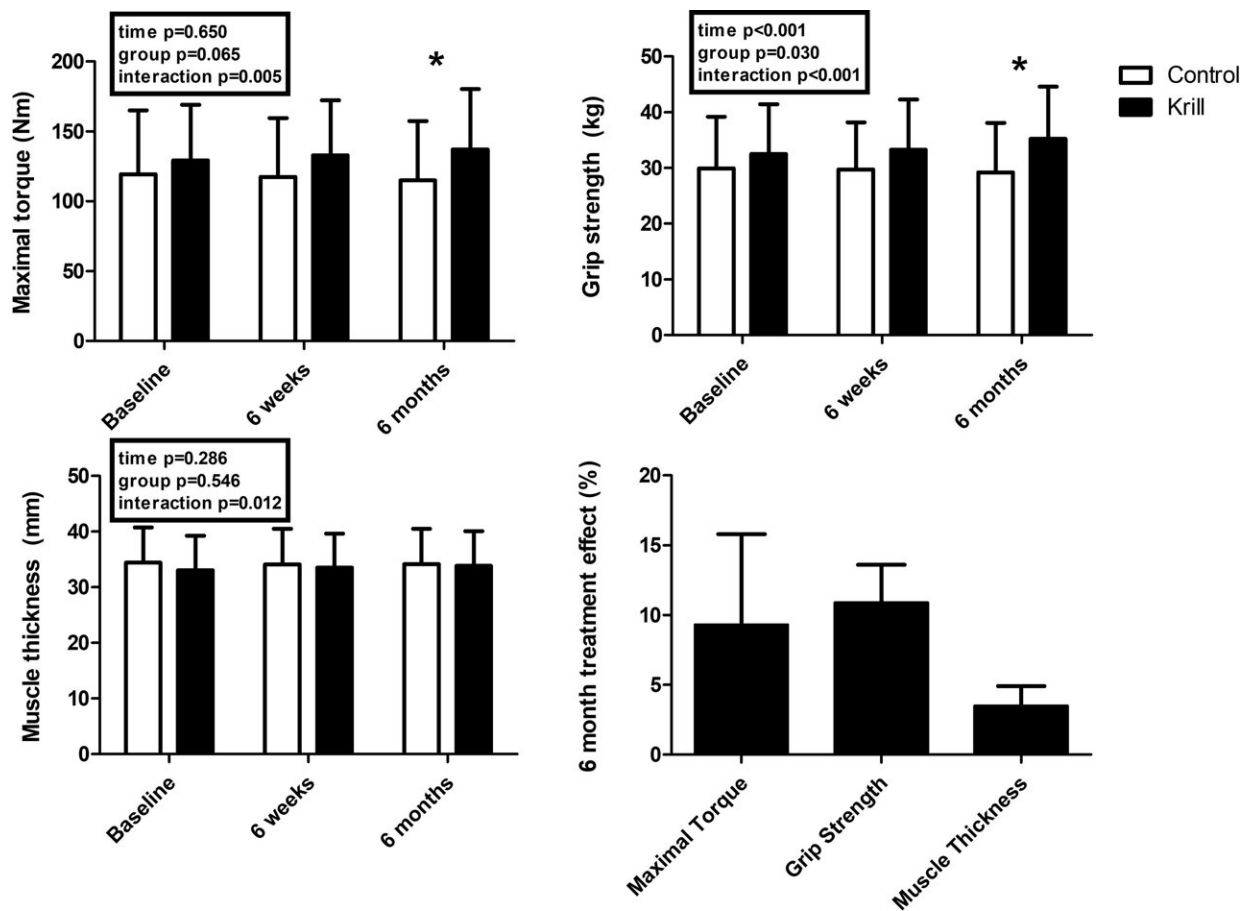


Krill oil may be beneficial to muscle function and size in healthy people over the age of 65

May 5 2022



Knee extensor maximal torque, grip strength and vastus lateralis muscle thickness at baseline, 6 weeks and 6 months and corresponding 6-month treatment effects in control and krill oil groups. Data are mean (SD) for baseline 6 week and 6-month data and mean (95%CI) for 6-month treatment effects. * denotes a significant difference from control at 6 months (p

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