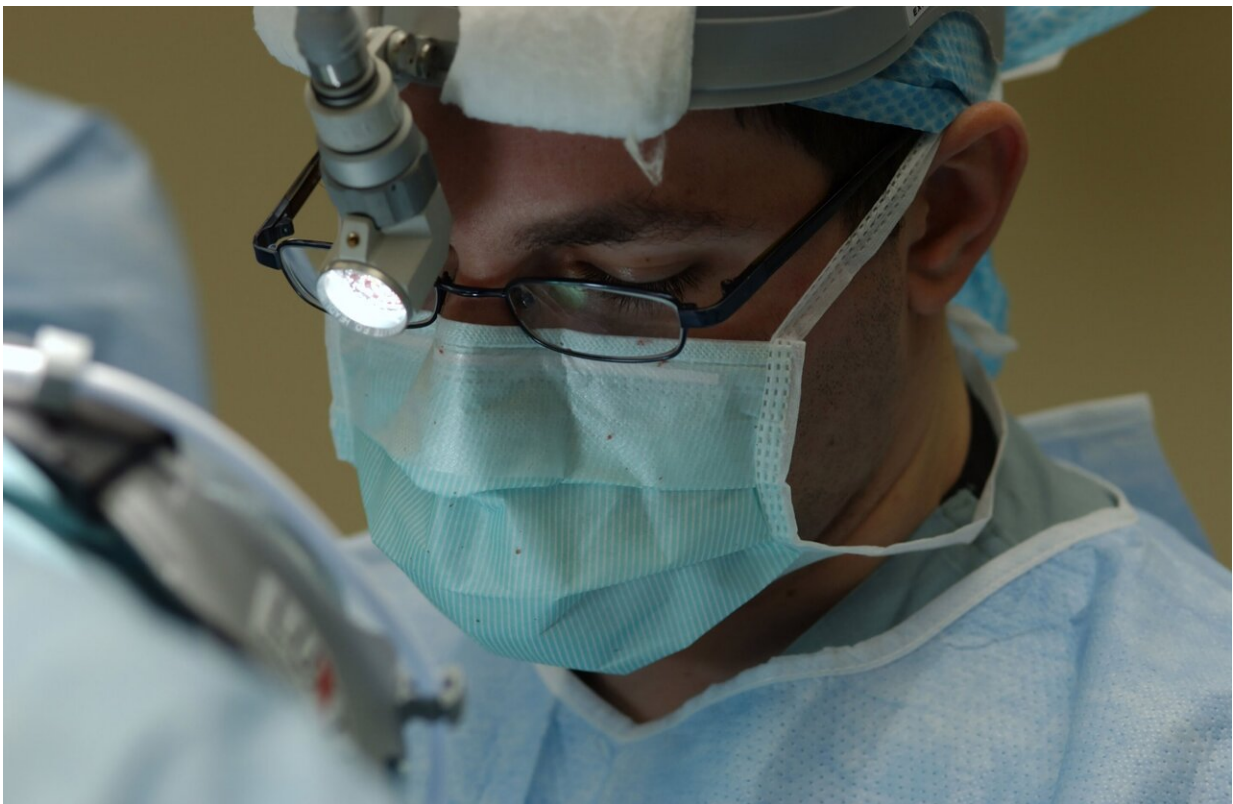


Male physicians refer patients to male surgeons at disproportionate rates, study shows

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A study that analyzed nearly 40 million referrals to surgeons in Ontario found male physicians disproportionately refer patients to male surgeons

over similarly qualified and experienced female surgeons.

The study, published in *JAMA Surgery*, found that the differences in referral volumes and types could not be explained by patients' choices or by characteristics of the surgeon, such as age or experience. The findings suggest that [male physicians](#) hold biases that disadvantage female [surgeons](#), further widening the gender pay gap in medicine.

Researchers at Unity Health Toronto and ICES compared the proportion of referrals made by male and female physicians to male and female surgeons over a ten year span from 1997 to 2016. Nearly 40 million referrals were made to 5,660 surgeons. Although male surgeons accounted for 77.5 percent of all surgeons, they received 79 percent of referrals sent by female physicians, but 87 percent of referrals sent by male physicians.

"During my 20 years in practice, I always had the sense it was easier for my male surgical colleagues to get referrals than it was for me, and the patients they were referred were more likely to need surgery," said Dr. Nancy Baxter, senior author of the study and a scientist with the Li Ka Shing Knowledge Institute of St. Michael's Hospital of Unity Health Toronto. "Our work demonstrates that my observations were not unique, but reflect gender bias that affects the lives and livelihoods of all female surgeons in the province," said Dr. Baxter, who is also an adjunct scientist with the not-for-profit research institute ICES.

The study found female physicians were 1.6 percent likelier to refer patients to a female surgeon, and male physicians were 32 percent likelier to refer patients to a male surgeon. The differences were greatest in surgical specialties with the highest representation of female surgeons, such as gynecology and [plastic surgery](#), and as more women entered surgery over the study's 10-year span, this number did not decrease.

"There is an often made assumption that sex-based inequities in medicine will naturally improve as more women enter medicine and acquire experience," said Dr. Fahima Dossa, co-lead author of the study and general surgery resident at St. Michael's Hospital of Unity Health Toronto. "In contrast, our study demonstrates that inequities will not improve without active intervention—the specialties with the greatest representation of female surgeons, for example gynecology, exhibited the greatest degree of referral disparities."

The authors say the findings demonstrate the need for efforts directly focused on eliminating sex-based biases within medicine. Dr. Dossa suggests innovative changes to the referral process, such as a single-entry referral model, in which referrals are scheduled to be seen by the first surgeon available.

"The time is now ripe to enact change," she said. "Our work points toward a mechanism that directly contributes to the sex-based pay gap in medicine. Focused efforts at reducing the effects of implicit and explicit biases on referrals to physicians are now needed."

The research builds off Dr. Baxter and Dr. Dossa's [previous work](#) that found female surgeons in Ontario earn 24 percent less per hour while operating compared to male surgeons, and that [female surgeons](#) performed fewer of the highest-paid primary procedures than male surgeons.

More information: Sex Differences in the Pattern of Patient Referrals to Male and Female Surgeons, *JAMA Surgery* (2021). [DOI: 10.1001/jamasurg.2021.5784](https://doi.org/10.1001/jamasurg.2021.5784)

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