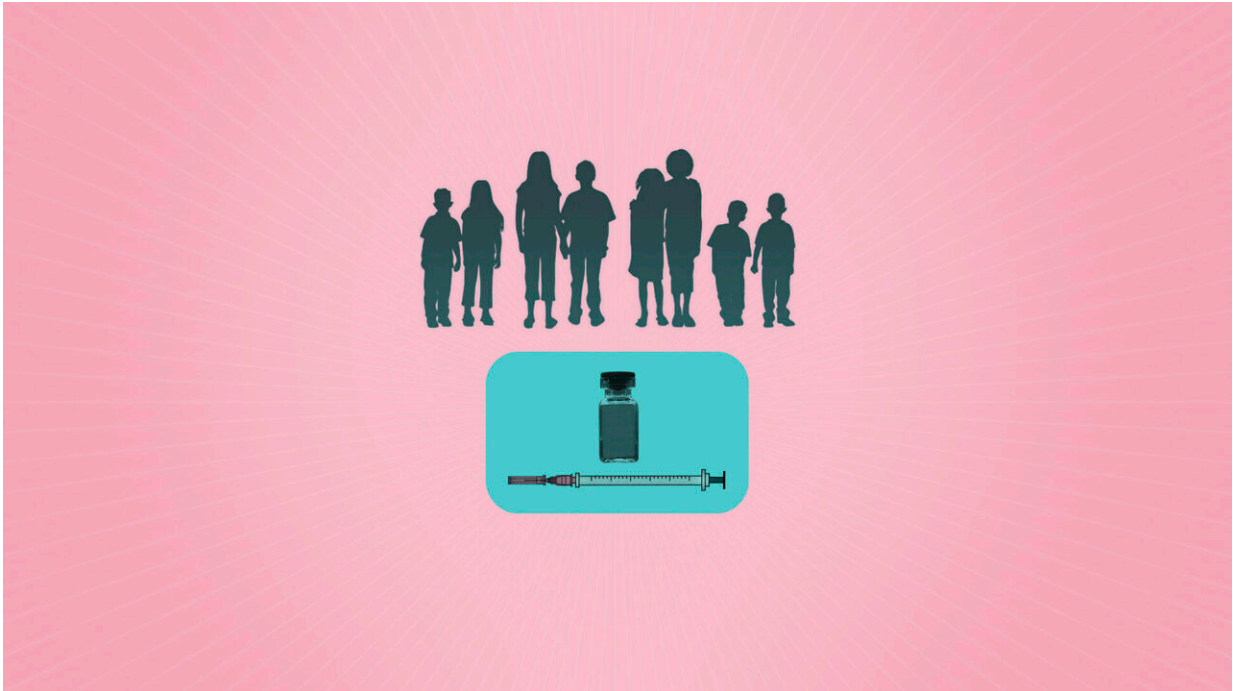


# Is the COVID-19 vaccine safe for children?

October 30 2021, by Lauran Neergaard

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Is the COVID-19 vaccine safe for children? Credit: AP Illustration/Peter Hamlin

Is the COVID-19 vaccine safe for children?

Yes, U.S. regulators authorized Pfizer's vaccine for [younger children](#) after millions of 12- to 17-year-olds already safely got the shot, the only one available for children in the country.

Those ages 5 to 11 will get just a third of the dose given to teens and

adults. The Food and Drug Administration cleared the kid-size doses Friday, and next the Centers for Disease Control and Prevention will recommend who should get them.

A study found kid-size doses of the Pfizer-BioNTech vaccine were 91% effective at preventing symptomatic COVID-19. The 5- to 11-year-olds developed virus-fighting antibodies as strong as teens and young adults who got regular doses, with similar or fewer annoying reactions such as sore arms, fever or achiness.

The FDA assessed the safety of the kid-size doses in 3,100 vaccinated youngsters. Regulators deemed that enough data, considering the trove of safety information from hundreds of millions of larger doses given to adults and teens worldwide.

Very rarely, teens and [young adults](#) given the Pfizer vaccine or a similar one made by Moderna experience a serious side effect, [heart inflammation](#), or what doctors call myocarditis. It's mostly in young men or teen boys, and usually after the second dose. They tend to recover quickly, and after intense scrutiny U.S. health authorities concluded the vaccine's benefits outweigh that small risk.

To put the risk in context, COVID-19 also causes heart inflammation, often a more severe kind, said Emory University pediatric cardiologist Dr. Matthew Oster. It also sometimes occurs in children who get a multisystem inflammatory syndrome after a coronavirus infection.

Before the pandemic, doctors regularly diagnosed heart inflammation caused by bacterial or [viral infections](#) or medications, again mostly in teen boys and young men. Oster said one theory is that testosterone and puberty play a role, which is partly why many experts expect any vaccine-related risk would be lower for younger kids getting a smaller dose.

**More information:** [Is it OK to go trick-or-treating during the pandemic?](#)

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