

# Novel mechanism links genetic defect in IBD patients to gut leakiness

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Declan McCole is a professor of biomedical sciences at UC Riverside. Credit:

Carrie Rosema.

A team of researchers led by a biomedical scientist at the University of California, Riverside, has identified a novel mechanism by which loss-of-function mutations in the gene PTPN2, found in many patients with inflammatory bowel disease, or IBD, affect how intestinal epithelial cells maintain a barrier.

The [intestinal epithelium](#), a single layer of [cells](#), plays a critical role in [human health](#) by providing a barrier while also allowing nutrient and water absorption. Intestinal epithelial cells are needed for regulating immune function, communicating with the intestinal microbiota, and protecting the gut from pathogen infection—all of which critically depend on an intact epithelial barrier.

Affecting roughly 3 million Americans, IBD is a set of chronic intestinal diseases in which the lining of the gut becomes inflamed and leaky. Increased [gut leakiness](#) has recently been confirmed to increase the risk of developing IBD.

"This new publication is a culmination of a body of work from my lab identifying how loss-of-function mutations in PTPN2 can increase gut permeability or leakiness," said Declan F. McCole, a professor of biomedical sciences in the UCR School of Medicine, who led the study published in the *Journal of Clinical Investigation*. The journal has selected the research paper as an "Editor's highlight."

In the study, which was conducted in mice, human cells, and tissue from IBD patients, McCole and his colleagues showed that in IBD patients carrying a loss-of-function PTPN2 mutation, the expression of claudin-2, a protein that causes loss of water and sodium into the gut and

promotes diarrhea, is increased. Using mouse models, the McCole lab identified a dual mechanism that explains how claudin-2 expression increases and contributes to fluid loss.

PTPN2 typically acts as a brake on the expression of claudin-2, McCole explained. The loss-of-function mutation in PTPN2 that occurs in IBD removes this brake and allows increased fluid loss.

"In addition, PTPN2 also promotes an endogenous factor, called matriptase, that removes claudin-2 from the area of the cell membrane where it mediates its effects in allowing fluid loss to occur," McCole said.

The cumulative effect of reduced PTPN2 activity on both mechanisms was elevated fluid loss. The researchers proved this defect could be reversed by treating cells lacking PTPN2 with recombinant—or synthetic—matriptase.

"Our work improves understanding of how the genetics of IBD can contribute to the altered physiology in patients that drives their symptoms," McCole said. "It also supports our related work identifying how the class of drugs, called JAK inhibitors, may be used to rescue 'leaky gut,' particularly in patients with loss-of-function [mutations](#) in the PTPN2 gene.

The study also showed that a recently identified and rare novel mutation in PTPN2, which causes gut epithelial damage in children, also increases gut epithelial leakiness—but without causing epithelial cell death.

"This suggests that patients who develop this condition may exhibit 'leaky gut' before full-blown disease occurs," McCole said.

The title of the [research paper](#) is "T-Cell Protein Tyrosine Phosphatase

Protects Intestinal Barrier Function by Restricting Epithelial Tight Junction Remodeling."

**More information:** Ronald R. Marchelletta et al, T cell protein tyrosine phosphatase protects intestinal barrier function by restricting epithelial tight junction remodeling, *Journal of Clinical Investigation* (2021). [DOI: 10.1172/JCI138230](https://doi.org/10.1172/JCI138230)

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