

# Six-minute walk test predicts mortality in TMVR patients

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(HealthDay)—For patients undergoing transcatheter mitral valve repair

(TMVR), the six-minute walk test (6MWT) is independently associated with mortality, according to a research letter published in the May 3 issue of the *Journal of the American College of Cardiology*.

Mike Saji, M.D., from the University of Virginia in Charlottesville, and colleagues examined whether the pre-procedural 6MWT could predict [mortality](#) in [patients](#) undergoing TMVR. A cohort of 139 high-risk or prohibitive-risk patients who attempted the 6MWT during the month before the TMVR were enrolled in the study; 15 were excluded due to a lack of data. Patients were categorized into three groups according to the 6MWT distance (6MWTD):  $\geq 233$  m,

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