

Military suicides up slightly in 2014

January 13 2015, by Lolita C. Baldor

Suicides among members of the active-duty military personnel rose slightly in 2014, led by increases in the number of sailors and airmen who took their own lives, new Defense Department figures show.

There were fewer suicides by Army soldiers and Marines, the two services that have seen the most combat in Iraq and Afghanistan over the last decade.

According to preliminary Pentagon data, there were 288 confirmed and suspected suicides by active-duty personnel in 2014, compared with 286 in 2013. Both totals, however, represent a sharp drop from the 2012 number of 352. The data was obtained by The Associated Press.

Over time the numbers may change, particularly if deaths that were initially believed to be suicides are found to be otherwise.

The number of suicides by members of the active-duty National Guard and Reserve decreased a bit last year, after going up slightly in 2013. Those totals are included in the overall 2014 numbers.

A year ago, officials were a bit heartened to see the number of suicides in 2013 drop by more than 15 percent from 2012, but they have consistently warned that this is a very difficult problem to address. All of the services have beefed up programs to identify and reach out to troops who may be having problems, encouraging service members to come forward if they need help and urging others to recognize and react to any signs of trouble in their unit colleagues.

"We are working to better understand the trends and what they mean, but it's probably too early to know exactly why the numbers have risen," said Cdr. Chris Servello, a Navy spokesman. "Across the force we continue to educate sailors about warning signs, when and how to intervene and that it's OK to ask for help."

Analysis by Pentagon officials has shown that more often suicides involve young, white men, usually married, using a non-military-issued gun. Many times the victims had reported family or relationship stress.

Military leaders have tried to create programs aimed at reducing stress and teaching troops about coping mechanisms and other tools to deal with daily pressures.

According to the data, the number of Navy suicides increased from 43 in 2013 to 58 in 2014; Air Force suicides increased from 52 to 60. Marine suicides declined from 45 in 2013 to 35 in 2014, and Army suicides decreased from 146 in 1013 to 135 in 2014.

According to the latest numbers available, the military suicide rate is sharply higher than the civilian rate. The civilian rate for 2012 was almost 13 suicides per 100,000 people. The military suicide rate for 2012 was 21.8 per 100,000. Military [suicides](#) hit a record high in 2012, at 352, but had begun a somewhat steady rise in 2006.

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